



MESSAGE NOTES
FOUR CUPS
PART 4 – FIND FREEDOM



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THE FOUR CUPS

(Exodus 6:6-7) Therefore, say to the Israelites: "I am the LORD, and I will bring you out from under the yoke of the Egyptians. I will free you from being slaves to them, and I will redeem you with an outstretched arm and with mighty acts of judgment. I will take you as my own people, and I will be your God. Then you will know that I am the LORD your God, who brought you out from under the yoke of the Egyptians.

The Cup of Sanctification – _____.

The Cup of Deliverance – _____.

The Cup of Redemption – _____.

The Cup of Praise – _____.

STUCK IN OUR SIN

(Romans 7:21-24) I have discovered this principle of life—that when I want to do what is right, I inevitably do what is wrong. I love God’s law with all my heart. But there is another power within me that is at war with my mind. This power makes me a slave to the sin that is still within me. Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death?

Two things that keep us stuck:

1. _____

2. _____

THE CUP OF DELIVERANCE

(Ephesians 2:8-9 NLT) God saved you by his grace when you believed. And you can’t take credit for this; it is a gift from God. Salvation is not a reward for the good things we have done, so none of us can boast about it.

(Philippians 2:12-13 NLT) Work hard to show the results of your salvation, obeying God with deep reverence and fear. For God is working in you, giving you the desire and the power to do what pleases him.

Romans 8:1-6 (NLT) So now there is no condemnation for those who belong to Christ Jesus. And because you belong to him, the power of the life-giving Spirit has freed you from the power of sin that leads to death. The law of Moses was unable to save us because of the weakness of our sinful nature. So God did what the law could not do. He sent his own Son in a body like the bodies we sinners have. And in that body God declared an end to sin’s control over us by giving his Son as a sacrifice for our sins. He did this so that the just requirement of the law would be fully satisfied for us, who no longer follow our sinful nature but instead follow the Spirit.

Those who are dominated by the sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about things that please the Spirit. So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace.

SETTLING YOUR YESTERDAYS

The key is _____.

(Proverbs 28:13) He who conceals his sins does not prosper, but whoever confesses and renounces them finds mercy.

(James 5:16) Therefore confess your sins to each other and pray for each other so that you may be healed.

Three new associations:

✓ _____.

✓ _____.

✓ _____.

THE FOUR CUPS

(Exodus 6:6-7) Therefore, say to the Israelites: “I am the LORD, and I will bring you out from under the yoke of the Egyptians. I will free you from being slaves to them, and I will redeem you with an outstretched arm and with mighty acts of judgment. I will take you as my own people, and I will be your God. Then you will know that I am the LORD your God, who brought you out from under the yoke of the Egyptians.

The Cup of Sanctification – Salvation.

The Cup of Deliverance – Freedom.

The Cup of Redemption – Restoration.

The Cup of Praise – Fulfillment.

STUCK IN OUR SIN

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Two things that keep us stuck:

1. Shame
2. Wounds

THE CUP OF DELIVERANCE

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SETTLING YOUR YESTERDAYS

The key is real relationships.

(Proverbs 28:13) He who conceals his sins does not prosper, but whoever confesses and renounces them finds mercy.

(James 5:16) Therefore confess your sins to each other and pray for each other so that you may be healed.

Three new associations:

- ✓ Relationship with Jesus.
- ✓ Church partnership.
- ✓ Small group.